



Resources Available:

UK Cooperative Extension Service ~Family & Consumer Science

- Classroom Enrichment
- Materials and Curriculum
- After School Programming
- See back page for specific programs

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McCracken County Extension Family & Consumer Science



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<http://ces.ca.uky.edu/mccracken/FamilyConsumerSciences>

Examples of Special Programming available

- LEAP for Health (Ages 3-8)
- Literacy Eating and Activity for (Preschool or Primary)
 - Professor Popcorn/Nutrition
 - Hand Washing and Food Safety
- Manners/ Etiquette and Character Education
 - Nutrition Lessons
 - Life Skills Education
- Get Moving KY- Fitness Lessons
- Leadership Skills- Communication Skills
- Little Organ Annie and the Organ Wise Guys (Pre-K-2nd)
 - Chef Combo Fantastic Adventures (Pre-K- 3rd)
- The Wildcat Way to Wellness/Physical Activity Promotion
 - Career Education- Dress, Interview Skills
 - Sun Safety
 - Super Star Chef
 - Keys to Great Parenting
 - High School Financial Planning
- Presentations available for Adult/Parent Learning
- Gaining Control over Stress, Time Management, Child Development
- Childhood Obesity, Family Communication, Financial Education,
 - Health and Wellness Issues
 - Slow Cooker Cooking
 - Quick Meals
 - One Pot Meals